

Hello my beautiful Palooza possums,

I just wanted to say, from the bottom of my heart: a big **“Thank you”** to all of you. I had such a **blast** with you last Saturday.

Sure, a few snags and hitches at the beginning were to be expected in a brand new location. But what’s a “Mark’s Yoga class” without a little **lovely** chaos?

I was so excited to see **so many** of you again, because even though I’m happy about my move back to Amsterdam I do **miss you** guys and the atmosphere we created over the last few years. So to see your smiles & laughs again, your openness & willingness to play ... it’s **all** still there!

It truly means the world to **me** and makes me so **proud** of you and us !!!!

If you have **any** questions or commentary about or “wishes” for the next Palooza, please let me know.

Our photographing friend **Edgar** managed to not only made some **beautiful** individual shots but also truly **captured** the mood & energy of our practice together and I am beyond grateful.

You can see and download **your favourites** here:

https://drive.google.com/drive/folders/11b1voWhr8rWmpuprXV-Kikzt9pSmCQ0J?usp=share_link

If you use or publish any of the photos I would super appreciate if you could give him **credit** with: Edgar van Kesteren or @instantedgar (...or even me)

Edgar himself enjoyed the session **so much**, he said he might want to do it again in one of the next **paloozas**...



Thank you, thank you, thank you and hopefully see you soon again. 🧡

Your Yoga buddy Mark

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